Pumpkin Gnocchi with Crushed Amaretto Crumbs

Printable grocery list · Serves 4

FOR THE PUMPKIN GNOCCHI

- [ ] 1 cup pumpkin puree (not pie filling)
- [ ] 2 cups whole wheat flour
- [ ] 1/4 cup reduced-fat grated parmesan
- [ ] 1 large egg (yolk only)
- [ ] 1/2 tsp salt
- [ ] 1/4 tsp ground nutmeg
- [ ] 1/4 tsp ground cinnamon

FOR THE CHEESE SAUCE

- [ ] 1 tbsp olive oil
- [ ] 2 garlic cloves
- [ ] 1/2 cup 1% milk
- [ ] 1/2 cup reduced-fat grated parmesan
- [ ] 1 tbsp all-purpose flour
- [ ] Salt and pepper

TOPPING

- [ ] 4 amaretti cookies
- [ ] Fresh basil or sage leaves (optional)