Crockpot Butter Chicken

Printable grocery list · Serves 6

PROTEIN

- [ ] 3 lbs boneless skinless chicken breasts

PRODUCE

- [ ] 1 large yellow onion
- [ ] 5 garlic cloves
- [ ] Fresh cilantro, for serving
- [ ] Cauliflower, broccoli or kohlrabi rice, for serving

CANNED & PANTRY

- [ ] 1 can (14 oz) light coconut milk
- [ ] 1 can (14 oz) stewed tomatoes
- [ ] 2 tbsp tomato paste
- [ ] 2 tbsp sriracha sauce
- [ ] Vegetable cooking spray

SPICES

- [ ] 1 1/2 tbsp garam masala
- [ ] 1 tsp ground ginger
- [ ] 1 tsp curry powder
- [ ] 1 tsp pepper
- [ ] 1 tsp salt

DAIRY

- [ ] Plain fat-free Greek yogurt, for serving