High Protein Cottage Cheese Pancakes

DAIRY & EGGS

- [ ] 1 1/2 cups 2% cottage cheese (about 340 g)
- [ ] 3 large eggs

PANTRY

- [ ] 3/4 cup old-fashioned rolled oats (about 60 g)
- [ ] 2 tablespoons maple syrup
- [ ] 1 teaspoon vanilla extract
- [ ] 1 1/2 teaspoons baking powder
- [ ] 1 teaspoon ground cinnamon
- [ ] 1/4 teaspoon salt
- [ ] Nonstick cooking spray

OPTIONAL TOPPINGS (AS PICTURED)

- [ ] Fresh blueberries
- [ ] Strawberries, sliced
- [ ] Extra maple syrup for serving