

Sticky Mongolian Beef (Crockpot)

Printable grocery list - Serves 4

- ☐ Flank steak (1 1/2 lb)
- ☐ Cornstarch
- ☐ Soy sauce (3/4 cup)
- ☐ Lakanto brown monkfruit sweetener (3/4 cup)
- ☐ Scallions (6)
- ☐ Garlic (2 cloves)
- ☐ Olive oil
- ☐ Whole dried red chili pods (optional)