

Chicken Pot Pie Stuffed Sweet Potatoes

Serves 4

- ☐ 4 large sweet potatoes
- ☐ 4 cups cooked chicken breast, diced or shredded
- ☐ 2 cups fat free cottage cheese (blended smooth)
- ☐ 2 cups frozen mixed vegetables (corn, peas, carrots)
- ☐ 3/4 cup chicken broth
- ☐ 1 medium onion, diced
- ☐ 1 tsp garlic powder
- ☐ 1/2 tsp dried thyme
- ☐ 1 Tbsp olive oil
- ☐ Salt and pepper, to taste