

Oatmeal Chocolate Chip Banana Muffins

Printable grocery list · Serves 12

- ☐ 2 cups rolled oats (or oat flour)
- ☐ 1 tsp baking soda
- ☐ 1/4 tsp baking powder
- ☐ 1/4 tsp salt
- ☐ 1 large egg
- ☐ 1 egg yolk, room temperature
- ☐ 3 large ripe bananas, mashed
- ☐ 2 tbsp + 2 tsp unsweetened almond milk
- ☐ 1/8 cup Nature's Hollow honey substitute
- ☐ 1 tsp ground cinnamon
- ☐ 1 tsp vanilla or almond extract
- ☐ Vegetable cooking spray
- ☐ Lily's dark chocolate chips (18 per muffin)