

Lightened Up Loaded Nacho Fries

Printable grocery list · Serves 6

- ☐ 6 large russet potatoes, cut into thin fries
- ☐ Olive oil spray
- ☐ 1 lb lean ground turkey breast
- ☐ 1½ cups fat-free cheddar cheese, shredded
- ☐ 1 cup canned black beans, drained & rinsed
- ☐ 1 cup diced tomato
- ☐ ½ cup chopped green onions
- ☐ ½ cup plain fat-free Greek yogurt
- ☐ 1 tbsp taco seasoning
- ☐ Salt and pepper
- ☐ 2 tbsp fresh cilantro, chopped