

Homemade Iced Cinnamon Rolls

Printable grocery list · Serves 9

DOUGH

- ☐ 1 cup warm unsweetened almond milk
- ☐ 2 large eggs, room temperature
- ☐ 1/3 cup unsweetened applesauce
- ☐ 4½ cups whole wheat pastry flour
- ☐ 1 tsp salt
- ☐ ¼ cup Lakanto Monkfruit Sweetener
- ☐ 2½ tsp active dry yeast

FILLING

- ☐ 1 cup Lakanto Brown Monkfruit Sweetener
- ☐ 2½ tbsp ground cinnamon
- ☐ ¼ cup light whipped butter, melted

ICING

- ☐ 1½ cups Lakanto Powdered Sugar Substitute
- ☐ ¼ cup light whipped butter, softened
- ☐ 3 oz light cream cheese, softened
- ☐ ½ tsp vanilla extract
- ☐ Pinch of salt