

Chicken Enchilada Soup

Printable grocery list · Serves 6

- ☐ Vegetable cooking spray
- ☐ 2 tsp olive oil
- ☐ 2 red peppers, chopped
- ☐ 1 onion, chopped
- ☐ 3 cloves garlic, minced
- ☐ 1 lb boneless skinless chicken breast
- ☐ 32 oz fat-free chicken broth
- ☐ 14.5 oz can diced tomatoes
- ☐ 10 oz can red enchilada sauce
- ☐ 2 cups frozen sweet corn
- ☐ 2 tbsp tomato paste
- ☐ 1 tbsp chili powder
- ☐ 2 tsp ground cumin
- ☐ 1 tsp paprika
- ☐ Dried green onion (optional)