

GROCERY LIST

BANANA NUT PROTEIN PANCAKES

Makes 1 serving | deeedoes.com

WHAT TO BUY

- ☐ 1 Banana, mashed
- ☐ 2 Eggs
- ☐ 1/4 cup Orgain Protein Powder (Vanilla)
- ☐ 1/4 cup Skim Milk
- ☐ 1/4 tsp Ground Cinnamon
- ☐ 1/2 tsp Vanilla Extract
- ☐ 1/4 cup Walnuts
- ☐ 1 tsp Coconut Oil