

# High Protein Oatmeal Cream Pies

*Printable grocery list · Serves 4*

---

- ☐ Old fashioned oats
- ☐ Oat flour
- ☐ Vanilla protein powder
- ☐ Egg
- ☐ Fat free plain Greek yogurt
- ☐ Light butter
- ☐ Brown sugar substitute
- ☐ Baking soda
- ☐ Cinnamon
- ☐ Vanilla extract
- ☐ Salt
- ☐ Light cream cheese
- ☐ Powdered sweetener