

Crunchy Dense Bean Salad

Printable grocery list · Serves 6

- ☐ Can garbanzo beans
- ☐ English cucumbers
- ☐ Bell peppers (red, orange or yellow)
- ☐ Red onion (optional)
- ☐ Fresh parsley
- ☐ Dried cranberries (reduced sugar)
- ☐ Mini pretzels
- ☐ Olive oil
- ☐ Dijon mustard
- ☐ Apple cider vinegar
- ☐ Honey or hot honey
- ☐ Garlic powder
- ☐ Salt & pepper