

Healthy Breakfast Cookies

Printable grocery list · Serves 3

- ☐ Almond flour
- ☐ Rolled oats
- ☐ Vanilla protein powder
- ☐ Ripe banana (1 large)
- ☐ PB Fit powdered peanut butter
- ☐ Light butter
- ☐ Sugar free maple syrup
- ☐ Baking powder
- ☐ Cinnamon
- ☐ Salt
- ☐ Chopped walnuts
- ☐ Sugar free chocolate chips
- ☐ Sugar free white chocolate chips (optional, for topping)
- ☐ Plain fat free Greek yogurt
- ☐ Lakanto monkfruit sweetener
- ☐ Vanilla extract