

Lightened Up Crumbl Iced Oatmeal Cookies

Printable Grocery List

- ☐ 1 cup old-fashioned oats
- ☐ 1 cup whole wheat flour
- ☐ 1/2 tsp baking soda
- ☐ 1/2 tsp cinnamon
- ☐ 1/4 tsp salt
- ☐ 1/4 cup I Can't Believe It's Not Butter Light Spread
- ☐ 1/4 cup sugar free maple syrup
- ☐ 1 large egg
- ☐ 1 tsp vanilla extract
- ☐ 1/2 cup unsweetened applesauce

For the Icing:

- ☐ 1/2 cup powdered allulose sugar substitute
- ☐ 1-2 tbl unsweetened almond milk
- ☐ 1/2 tsp vanilla extract