

Homemade Cinnamon Rolls (Bread Machine)

Printable Grocery List

For the Dough:

- ☐ 1 cup warm unsweetened almond milk
- ☐ 2 large eggs
- ☐ 1/3 cup unsweetened applesauce
- ☐ 4.5 cups whole wheat pastry flour
- ☐ 1 tsp salt
- ☐ 1/4 cup Lakanto Monkfruit Sweetener
- ☐ 2.5 tsp active dry yeast

For the Cinnamon Filling:

- ☐ 1 cup Lakanto Brown Monkfruit Sweetener
- ☐ 2.5 tbl ground cinnamon
- ☐ 1/4 cup Land O'Lakes Light Whipped Butter, melted

For the Icing:

- ☐ 1.5 cups Lakanto Powdered Sugar Substitute
- ☐ 1/4 cup Land O'Lakes Light Whipped Butter, softened
- ☐ 3 oz light cream cheese, softened
- ☐ 1/2 tsp vanilla extract
- ☐ Pinch of salt