

SAUSAGE LENTIL SOUP

Printable grocery list · Serves 6

- ☐ 1 Lb Green Lentils
- ☐ 2 Tbl Olive Oil
- ☐ 4 Cups Diced Yellow Onions
- ☐ 4 Cups Chopped Leeks - White and Light Green Parts Only
- ☐ 1 Tbl Minced Garlic
- ☐ 1 Tbl Kosher Salt
- ☐ 1.5 Tsp Freshly Ground Pepper
- ☐ 1 Tsp Dried Thyme Leaves
- ☐ 1 Tsp Ground Cumin
- ☐ 3 Cups Medium Diced Celery
- ☐ 3 Cups Medium Diced Carrots
- ☐ 3 Quarts Fat Free Chicken Broth
- ☐ 1/4 Cup Tomato Paste
- ☐ 1 Lb Turkey Kielbasa or Smoked Turkey Sausage
- ☐ 2 Tbl Red Wine Vinegar
- ☐ Grated Parmesan Cheese, Optional for Serving