

ROTISSERIE CHICKEN BRULEE BAKE

Printable grocery list · Serves 4

- ☐ 4 Cups Shredded Rotisserie Chicken
- ☐ 1.5 Cups Barilla Protein Pasta (Elbows) or any kind
- ☐ 1 Cup Fat Free Half and Half
- ☐ 1 Cup Greek Fat Free Plain Yogurt
- ☐ 4 Oz Light Cream Cheese, Softened
- ☐ 3/4 Cup Grated Parmesan Cheese (Divided)
- ☐ 1 Large Egg
- ☐ 1.5 Tsp Garlic Powder
- ☐ 1 Tsp Onion Powder
- ☐ Salt/Pepper to Taste
- ☐ 2 Tbl Grated Parmesan Cheese
- ☐ 1-2 Tsp Sugar or Sugar Substitute