

CROCKPOT GREEK CHICKEN

Printable grocery list · Serves 4

- ☐ 1.5 lbs boneless skinless chicken breast
- ☐ 2 cans white beans, drained and rinsed
- ☐ 1 cup plain fat free Greek yogurt
- ☐ 1 medium onion or shallots, diced
- ☐ 4 cloves garlic, minced
- ☐ olive oil cooking spray
- ☐ 1/2 cup fat free chicken broth
- ☐ 2 tbl fresh lemon juice
- ☐ 1 tsp dried oregano
- ☐ 1 tsp dried thyme
- ☐ 1/2 tsp paprika
- ☐ salt/pepper to taste
- ☐ Optional: chopped fresh parsley or dried thyme as garnish
- ☐ Optional: grated parmesan or reggano cheese for topping.