

CRISPY CHICKEN AND ROASTED SWEET POTATO BOWL

Printable grocery list · Serves 1

- ☐ Boneless Skinless Chicken Breast
- ☐ 1 Small Sweet Potato (Peeled and Cubed)
- ☐ 1 Cup Broccoli Florets
- ☐ 1 Tbl Olive Oil
- ☐ 1/2 Tsp Each Garlic Powder and Paprika
- ☐ Salt/Pepper to Taste
- ☐ 1 Tbl Balsamic Vinegar (For Drizzling)
- ☐ 1 Tbl Fat Free Plain Greek Yogurt (For Topping)
- ☐ Balsamic Glaze, Optional