

Copycat Chili's Caribbean Chicken Salad

Printable grocery list · Serves 4

- ❑ Boneless skinless chicken breasts (4)
- ❑ Ken's Lite Asian dressing
- ❑ Teriyaki sauce
- ❑ Pico de gallo (1 cup)
- ❑ Salad mix (2 bags) or iceberg + romaine
- ❑ Mandarin oranges, water/juice packed
- ❑ Pineapple slices or chunks
- ❑ Reduced-sugar dried cranberries
- ❑ Red bell peppers (optional)
- ❑ Scallions (4)
- ❑ Vegetable cooking spray
- ❑ Dijon mustard
- ❑ Sugar-free honey substitute
- ❑ Swerve sugar substitute
- ❑ Pure sesame oil
- ❑ Lime juice
- ❑ Apple cider vinegar