

# Mexican Taco Salad in an Edible Bowl

Printable grocery list · Serves 8

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- Ground turkey breast (2 lbs)
- Chili powder
- Canned diced tomatoes
- Canned black beans
- Lettuce
- Fat-free shredded cheddar
- Reduced-fat Monterey Jack
- High-fiber tortilla wraps
- Cooking spray
- Salt