

Sweet Potato Protein Pasta Salad

Printable grocery list · Serves 4

- ☐ Protein rotini pasta (Banza or Barilla Protein)
- ☐ Sweet potatoes
- ☐ Olive oil
- ☐ Fat-free cottage cheese
- ☐ Plain fat-free Greek yogurt
- ☐ Dijon mustard
- ☐ Apple cider vinegar
- ☐ Garlic powder
- ☐ Reduced-sugar dried cranberries
- ☐ Pecans
- ☐ Baby spinach
- ☐ Fresh parsley
- ☐ Salt
- ☐ Black pepper