

Creamy Rotisserie Chicken Brulee Bake

Printable grocery list · Serves 4

- ☐ Shredded rotisserie chicken
- ☐ High-protein elbow pasta
- ☐ Fat-free half & half
- ☐ Fat-free plain Greek yogurt
- ☐ Light cream cheese
- ☐ Grated parmesan cheese
- ☐ Large egg
- ☐ Garlic powder
- ☐ Onion powder
- ☐ Salt
- ☐ Black pepper
- ☐ Sugar or sugar substitute (for brulee top)