

Latin Shrimp Bisque

Printable grocery list · Serves 6

- Large shrimp
- Olive oil
- Onion
- Carrots
- Celery
- Garlic
- Paprika
- Cayenne pepper
- Dried thyme
- Bay leaves
- Rotel diced tomatoes
- Diced pimentos
- Fat-free vegetable or chicken broth
- Fat-free half & half
- Salt & pepper
- Fresh parsley (optional)
- Vegetable cooking spray