

Healthy Crunchwrap Supreme Bake

Printable grocery list · Serves 4

- ☐ 96% lean ground beef
- ☐ Low-carb flour tortillas
- ☐ Fat-free shredded cheddar cheese
- ☐ Shredded lettuce
- ☐ Diced tomatoes
- ☐ Fat-free plain Greek yogurt
- ☐ Taco seasoning
- ☐ Onion powder
- ☐ Garlic powder
- ☐ Salt
- ☐ Black pepper
- ☐ Olive oil spray