

Instant Pot Cheesy Broccoli Egg Souffle

Printable grocery list · Serves 4

- ☐ Large eggs
- ☐ Fat-free half & half
- ☐ Fat-free shredded cheddar cheese
- ☐ Frozen broccoli florets
- ☐ Salt
- ☐ Garlic powder
- ☐ Black pepper
- ☐ Butter-flavored vegetable cooking spray